

# Training Schedule

Day	Time	Location	Rank	Instructor	Content	Class number
Thursday June 2	11:00am- 12:30pm	Valley Shidokan Dojo	B&B	Sensei D. Sharp	Important prep for exams from 2 <sup>nd</sup> kyu to Godan	BB1
Thursday June 2	6:30-8:00pm	V.Shidokan.main Dojo	B&B	Sakurai Sensei	Hand techniques and kumite	BB2
Friday June 3rd	9am-10:30am	V.Shidokan Main Dojo	Black belts only	Sakurai Sensei and Sensei Sharp	Basics and kata	BL1
Friday June 3rd	10:30am- 12:00 noon	V.Shidokan Both Dojos	All levels	Sakurai Sensei and Sensei Sharp	Stance training, Tekki kata, Heian kata	A1
Friday June 3rd	3:00pm- 4:30pm	V.Shidokan Main Dojo	B&B	Sakurai Sensei and Sensei Don Sharp	Grading basics - explanations, and training	BB3
Friday June 3rd	6:00-7:30pm	Vedder middle	All levels	Oishi Sensei, and all		A2
Friday June 3rd	8:00-9:00pm	Vedder Middle	Black belts only	Oishi Sensei, Sakurai Sensei	<b>HQ Special training</b>	BL2
Saturday June 4th	9:00am- 10:30am	Vedder Middle	Kyu members	Sakurai Sensei	Kicking techniques, Heian Yondan, Kihon Ippon kumite	A3
Saturday June 4th	9:00am- 10:30am	Vedder Middle school	Brown belts	Sensei Sharp	Grading development all three areas	BB4
Saturday June 4th	9-10:30am	Vedder middle school	Black belts only	Oishi Sensei	Special training	BL3
Saturday June 4th	11:00-12:30	Vedder Middle school	Black belts	Don Sharp		BL4
Saturday June 4th	1:30-3:00	Vedder middle school	Kyu members	Oishi Sensei		A4
Saturday June 4th	1:00-2:30pm	Vedder middle	B&B members	Sakurai Sensei	Special training and kumite	BB5
Saturday June 4th	2:45-3:30	Vedder Middle	Kyu examinations	Sakurai Sensei Sharp Sensei	Kyu examinations	EXAM
Saturday 4 <sup>th</sup> June	4:00-6:00	<b>Valley Shidokan Dojo</b>	Dan and Qualifications exams	All Sensei	<b>Dan and qualifications exam</b>	EXAM
Saturday June 4th	7:00-9:00		CELEBRATION PARTY			
Sunday 27th	10:00-11:30	Vedder middle	All levels	All Sensei	Camp review and <b>bonus</b> material	A5
Sunday 27th	11:30-12:00	Vedder middle	All levels	All Sensei	<b>SPECIAL Q&amp;A opportunity</b>	A6

## Age and rank restrictions

White to 6<sup>th</sup> kyu green belt- 14 years of age minimum

5<sup>th</sup> kyu blue belt to 1<sup>st</sup> kyu brown belt- 9 years of age minimum

Black belt only classes are limited to adult Black belts over 16 years of age only



**JKA-BC**

## **Seminar Pricing**

**“Early bird special”- Pay for full seminar fee on or before May 15<sup>th</sup> and get 10% off of pricing below!**

### **Kyu ranks-**

**6 classes available- \$165.00 for all (\$149.00 early bird price)**

**\$35.00 per class**

**Block of 3 for \$90.00**

### **Brown Belts**

**8 classes available- \$199.00 for full Gasshuku (\$180.00 early bird price)**

**\$35.00 per class**

**Block of 3 \$90.00**

### **Black belts**

**11 classes available- \$275.00 (\$248.00 early bird price)**

**\$35.00 per class**

**Block of 5 \$145.00**

### **JKA-BC Instructors course members**

**Full seminar only- \$175.00. No early bird**

## **Dan test fees** (Includes registration fee and exam fee. Portion returned if unsuccessful)

Shodan- \$250.00

Nidan- \$280.00

Sandan- \$325.00

Yondan- \$450.00

Godan – \$750.00

## **Qualifications exam fees**

(Fee includes registration fee. Portion refunded if unsuccessful in exam).

### **Instructor or Judge**

“D” - \$135.00

“C” - 135.00

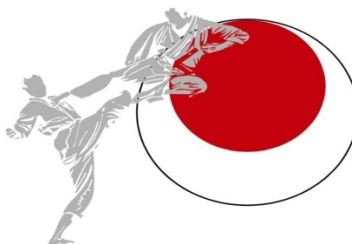
“B” - \$195.00

### **Examiner**

“D” - \$195.00

“C” - \$295.00

“B” - \$395.00





**JKA-BC**

**Registration Form**

Name \_\_\_\_\_ Dojo \_\_\_\_\_

Rank \_\_\_\_\_ Age \_\_\_\_\_

I will attend full seminar for \_\_\_\_\_ Rank (Kyu , Brown belt, or Black belt)

Or

I will attend only the following classes (Please specify by numbers, ie. 1A and 2A)- \_\_\_\_\_

Total training fees enclosed \$ \_\_\_\_\_

I will be taking examination/s for following- \_\_\_\_\_

\_\_\_\_\_. (Please indicate here any examinations for qualifications  
Dan or KYU examination you intend. However, Dan and qualifications registration will be  
separate, directly to Sal Sharp only) \$ \_\_\_\_\_

I would like to pre-order commemorative T-shirt (Please write quantity desired. Prepayment  
required with training fees. \$25.00 per T-shirt).

Sm \_\_\_\_\_ Med \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ Total money enclosed for T-shirts \$ \_\_\_\_\_

I would like to attend Saturday night Party, and will require \_\_\_\_\_ tickets

Total fees enclosed for training, examinations, and T-shirts \$ \_\_\_\_\_

**JKA BC members**-Please pay by cheque or cash to your Dojo instructor written to your Dojo.  
Then Dojo Sensei please submit one cheque for all examination fees and separate cheque for  
all members T-shirts and training fees.

**JKA-SKD and guests**- Please pay by cash or cheque made out to **“VALLEY SHIDOKAN KARATE-  
DO”**



**JKA BC AND Valley Shidokan JKA Karate-Do**

**Presents**

**2016 Masters Gasshuku**

**Sensei Takeshi Oishi**

**Sensei Yasuo Sakurai**

**Also Sensei Don Sharp**



**JKA**

社団法人 日本空手協会  
JAPAN KARATE ASSOCIATION

**Thursday June 2<sup>nd</sup> - Sunday June 5th**